

PALS

Promoting: Achievement, Learning and Success

September 2015

What is PALS?

Social/Emotional Development

Educational Development

Family Development

Profile of the South Carolina Graduate

World Class Knowledge

- Rigorous standards in language arts and math for career and college readiness
- Multiple languages, science, technology, engineering, mathematics (STEM), arts and social sciences

World Class Skills

- Creativity and innovation
- Critical thinking and problem solving
- Collaboration and teamwork
- Communication, information, media and technology
- Knowing how to learn



Life and Career Characteristics

- Integrity
- Self-direction
- Global perspective
- Perseverance
- Work ethic
- Interpersonal skills

“7 Habits of Highly Effective Families”

Habit 1: Be Proactive

Habit 2: Begin with the End in Mind

Habit 3: Put First Things First

Habit 4: Think “Win-Win”

Habit 5: Seek First to Understand... Then to be Understood

Habit 6: Synergize

Habit 7: Sharpen the Saw

Why Focus on the Habits

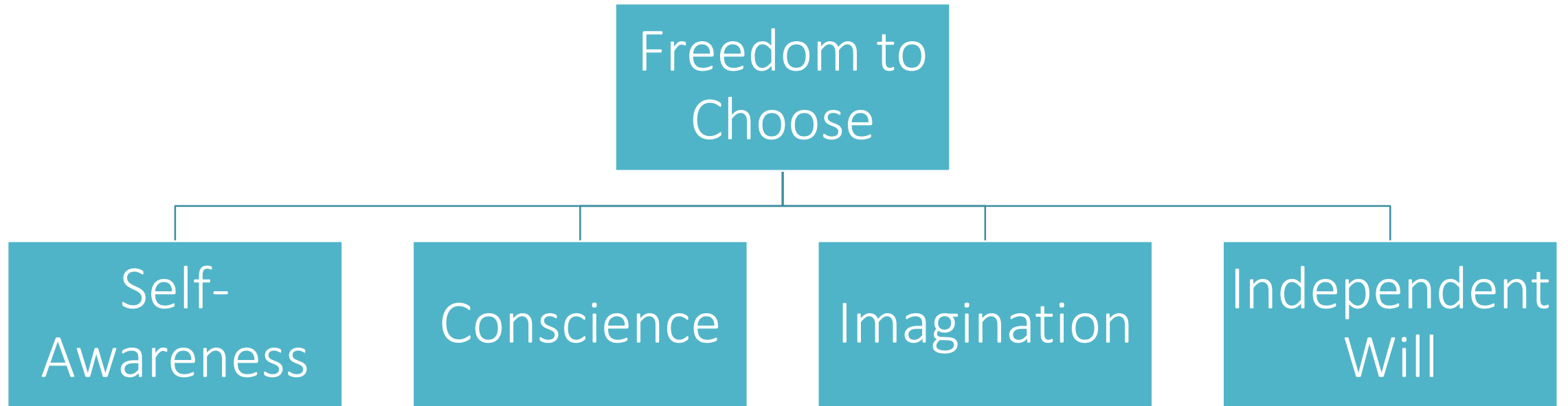
<http://7habits.franklincovey.com/the-7-habits-solutions/>

Habit 1: Be Proactive



*Between stimulus and response, there is a space.
In that space lies our freedom and power to choose our response.
In our response lies our growth and our happiness.*

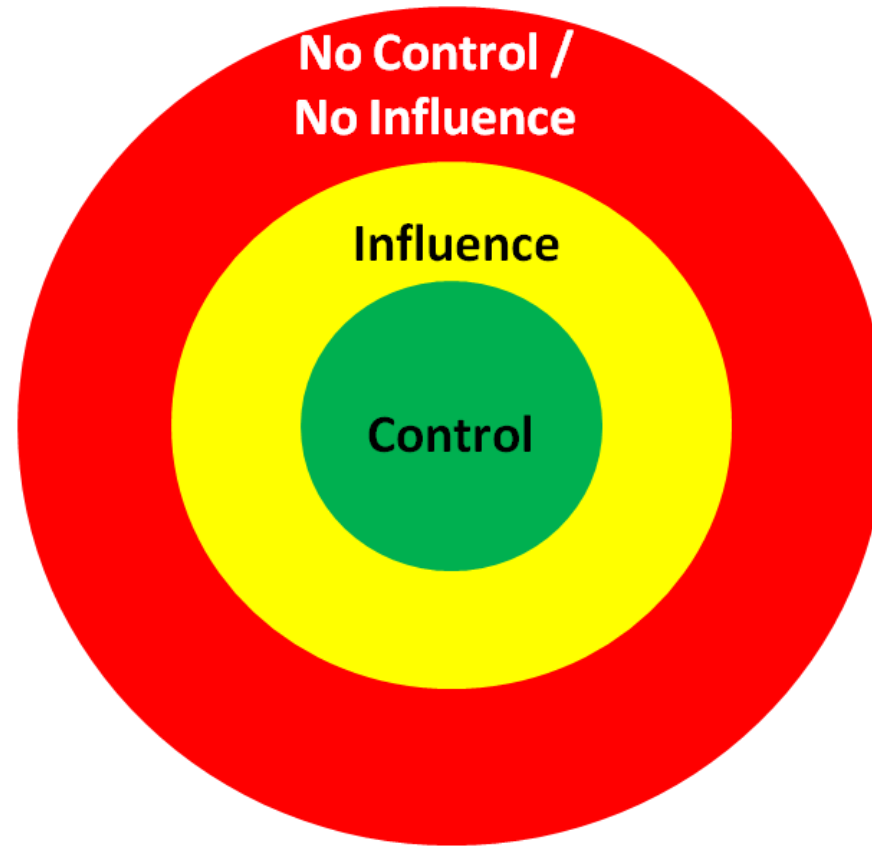
Space in the Middle – The “Gifts” it Brings



A “Fifth” Human Gift

HUMOR

The Circle of Influence and The Circle of Concern



Routines

Beginning a new school year is a complex event for families. Taking on a rhythm of daily routines, adjusting to a collection of new concepts, new relationships, schedules and expectations can be a dramatic turn for the entire household.

What are your obstacles

What are your morning routines?

What are your nighttime routines?

“We are what we repeatedly do. Excellence, then, is not an act, but a **habit**.”

Aristotle

Teaching children how to set goals and achieve them promotes responsibility, independence, accountability, and teaches them that with hard work you can bring rewards.

You as a parent provide direction for your child and their goals, but you do not achieve the goal for them. They need to do it themselves.

The Greatest Love

Independence and autonomy

The art of parenting. To know when to pick up the magnifying lens and when to let the moment pass. When to ask, direct, coddle or intervene, and when to remain silent, or simply to make way. To allow our children the grace of their best and most authentic development, we must allow them room to grow; apart from us.

WRITING WITH YOUR CHILD

Each day your children write. We see them as writers. We talk to them as writers. For our young children, we have them make books. Here are some things to know and consider:

1. Children understand and know books.
2. Books promote the “project” like thinking of writing.
3. The talking and the thinking is HUGE for them as they expand their ideas because their brains don't work fast enough to be fluent writers.

It's Okay to Make Mistakes by Todd Parr

<https://www.youtube.com/watch?v=mqp5kvnKg5k>