

March PALS Workshop

Social/Emotional Development: *The 7 Habits of Highly Effective Families*

Educational Development

Family Literacy Activity

Profile of the South Carolina Graduate



World Class Knowledge

- Rigorous standards in language arts and math for career and college readiness
- Multiple languages, science, technology, engineering, mathematics (STEM), arts and social sciences

World Class Skills

- Creativity and innovation
- Critical thinking and problem solving
- Collaboration and teamwork
- Communication, information, media and technology
- Knowing how to learn

Life and Career Characteristics

- Integrity
- Self-direction
- Global perspective
- Perseverance
- Work ethic
- Interpersonal skills

Profile of the SC Graduate: A Closer Look

World Class Knowledge:

Rigorous standards in Language Arts for career and college readiness

World Class Skills:

Critical thinking and problem solving

Collaboration and Teamwork

Communication

Life and Career Characteristics:

Self-direction

Perseverance

Interpersonal Skills

The 7 Habits of Highly Effective Families

- Habit 1: Be Proactive. Becoming an agent of change in your family
- Habit 2: Begin with the end in mind. Developing a Family Mission Statement
- Habit 3: Put First Things First. Making Family a Priority
- Habit 4: Think “Win-Win”
- Habit 5: Seek First to Understand... Then to be Understood
- Habit 6: Synergize. Together is better.

Synergize: Together is better

“Synergize” is when 2 or more people work together to create a better solution that either would have thought of alone. It’s not your way or my way, but a better way. Synergy is taking good ideas and making them better by working together.

The Metaphor of the Body



Two hands can do far more than both hands can do separately.

Two eyes can see more clearly, with greater depth perception, than two eyes working separately.

The whole body can do far more than all the individual parts could do on their own, added up but unconnected.

The Family Immune System

- The culture created from Habits 4-6 can be compared to a healthy immune system.
 - It determines the family's ability to handle whatever challenges are thrown at it.
 - It protects family members so that when mistakes are made or you get blindsided by some unexpected physical, financial, or social challenge, the family doesn't get overcome by it.

The family has the capacity to accommodate it and rise above it, to adapt-to deal with whatever life throws at it and to use it, learn from it, run with it, optimize it, and make the family stronger.

Problems become vaccinations

- New perspective to the way you see even the challenge of dealing with your most difficult child.
- It will build strength in you and in the entire culture as well.

Small problems become reinoculations when we come to understand the family immune system

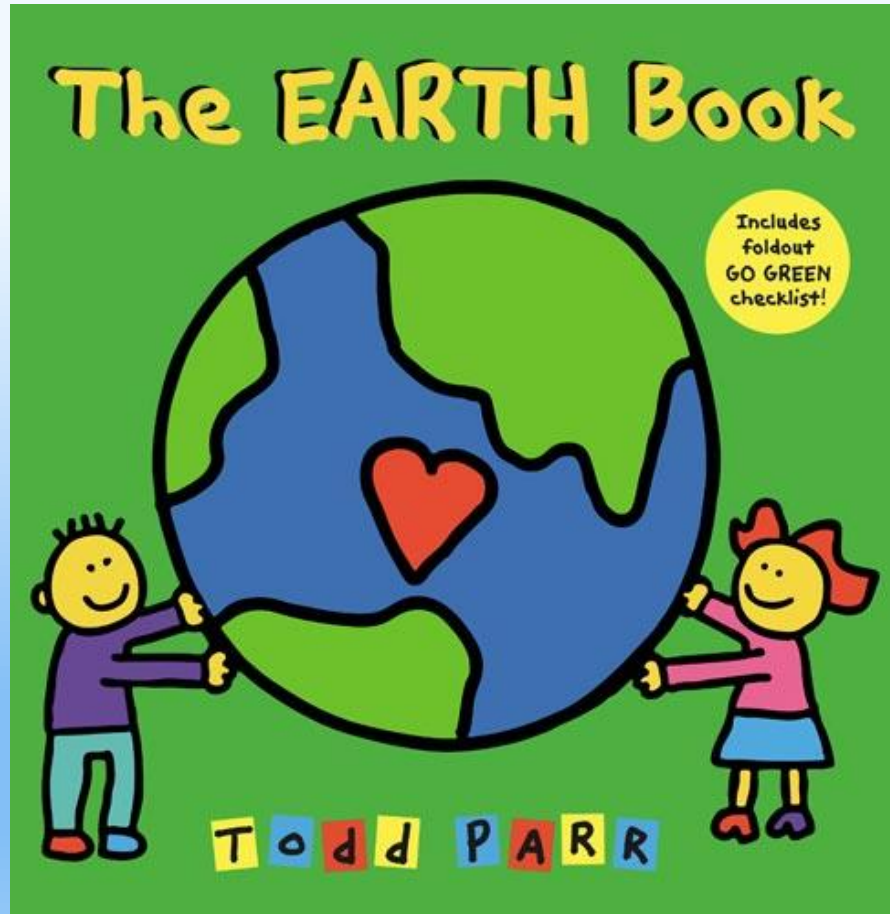
- They cause the immune system to kick it, and by properly communicating and synergizing around them, the family builds greater immunity so that other small problems are not blown out of proportion.

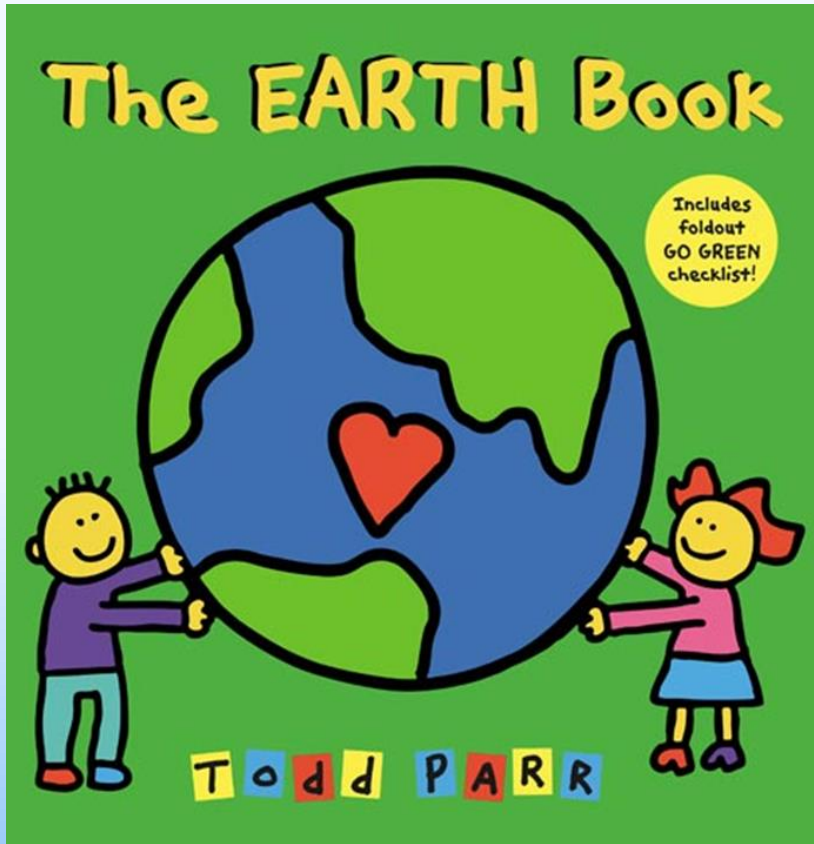
How do we each contribute to the family?

Synergy in the family can be seen as a honoring and appreciating the strengths in one another and minimalizing the weaknesses.

- How can the strengths of the individuals in your family work together?
- How can you make the weaknesses irrelevant?

Educational Development





After reading to your child or reading with your child, have a discussion. Possibilities are:

- What were some of the ways this book showed people working together? Why did it matter?
- What would be some ways our family could do something for our Earth? What part would each of us play to get the job done?

Family Activity: Synergize



The Cup Stack activity involves a lot of patience and communication. The task is simple, stack the cups. The catch, the only thing you are allowed to touch is the yarn.

PLEASE JOIN US FOR THE LAST PALS OF THE 2014-2015 SCHOOL YEAR

MAY 5: Blue Hall Montessori

May 6: Green Hall Montessori

May 7: Blue and Green Hall Classical Classes

May 8: Spanish Speaking Families

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