

PALS

Promoting: Achievement, Learning, and Success

THE 7 HABITS OF HIGHLY EFFECTIVE FAMILIES

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- SOCIAL/EMOTIONAL DEVELOPMENT
 - EDUCATIONAL DEVELOPMENT
 - FAMILY LITERACY ACTIVITY

Profile of the South Carolina Graduate

World Class Knowledge

- Rigorous standards in language arts and math for career and college readiness
- Multiple languages, science, technology, engineering, mathematics (STEM), arts and social sciences

World Class Skills

- Creativity and innovation
- Critical thinking and problem solving
- Collaboration and teamwork
- Communication, information, media and technology
- Knowing how to learn



Life and Career Characteristics

- Integrity
- Self-direction
- Global perspective
- Perseverance
- Work ethic
- Interpersonal skills

Approved by SCASA Superintendent's Roundtable
and SC Chamber of Commerce

The 7 Habits of Highly Effective Families

Habit 1: Be Proactive. Becoming an agent of change in your family

Habit 2: Begin with the end in mind. Developing a Family Mission Statement

Habit 3: Put First Things First. Making Family a Priority in a Turbulent World

Habit 4: Think “Win-Win”

Think “Win-Win”

Thinking “Win-Win” is the belief that everyone can win. It’s not me or you– it’s both of us. It is a belief that there are enough good things for everyone; it is an abundant way of thinking. Thinking Win-Win is being happy for others when good things happen to them. As a parent, not everything is negotiable, but if you go into discussions with your child with a win-win mindset, you’ll find a lot less resistance.

Would you be willing to search for a solution that is better than what either of us is now proposing?

“Me to We”

A good family bond requires service and sacrifice.

- Sacrifice: Giving up something small for something big

The spirit of wanting the best for everyone and being willing to love and sacrifice to make that happen is the true spirit of win-win.

“My life is not about me, it is about “us.”

“Win-Win”

But... parenting is not about being popular and giving in to every child's desire. It's about making decisions that truly are win-win – however they may appear to the child at the time.

Children need understanding, support, encouragement, love and consistency.

Tips for Discussion With Your Child:

1. Distinguish between matters of principle and matters of preference and take a stand on the things that really matter.
2. As much as you can, involve them in the problem and work out a solution together.
3. Take steps to offset the competition focus.

Focus on feeling proud of their hard work

“Win-Win Agreements”

Think of an ongoing conflict you tend to have with your child and then discuss a win-win solution to the conflict.

“As long as I was nagging and reminding them, it was my problem, not theirs.”

An Example:

CLEAN YOUR ROOM

- 1. Teach desired results:** Model, take pictures of a clean room and a dirty room
- 2. Have guidelines:** When?
- 3. Share resources:** What to do if you need help?
- 4. Accountability:** “You choose, You decide”
- 5. Consequences:** Over sympathize with the child, “Oh I am so sorry you chose to not clean your room. It makes me sad that you chose to have your toys donated. That is what our agreement said.”

At Home Possibilities

Play a game with your child(ren) that has a definite winner. Explain how competition is okay when you play a game, but is not okay in relationships. A better way to think is win-win. This means we think of solutions that we can all feel good about when there is a problem.

Encourage win-win solutions to sibling disputes. Don't always be the mediator; let them work out a solution.

Remember not to compare your children in front of each other. Instead, just concentrate on praising each child for effort and the other child will get the message.

Educational Development

Academic Skill: Perseverance

21st Century Skill: Collaboration

Family Activity: Structure and Function – Working in Collaboration

1. Setting a purpose
2. Making a plan
3. Discuss your plan and the benefits and possible challenges in both plans
4. Use the pipe cleaners to build your plan
5. Make changes along the way
6. What worked? What didn't work?
7. What compromises had to be made to build the structure?

<https://www.youtube.com/watch?v=XshNxXORZ38>

<https://www.youtube.com/watch?v=rPm0WWMF6g5A> (Spanish Version)

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